

# December 2011 Lunch Menu 3<sup>rd</sup> – 6<sup>th</sup>

## Independence Community School District

Breakfast: \$1.25  
Lunch: \$2.05  
Adults: \$3.00

Please check your account balance online:  
[www.independence.k12.ia.us](http://www.independence.k12.ia.us)  
Click on "School Lunch Program"

**USDA is an equal  
opportunity provider.**

**Menus subject to  
change as needed.**

	Monday	Tuesday	Wednesday	Thursday	Friday
*WG: Whole Grain				1 Cinnamon Tastry  Hamburgers on WG Buns Lettuce & Tomato Fresh Melon Pasta Salad w/WG Pasta Cookie	2 Biscuit w/ Egg & Cheese  Cook's Choice
	5 Cook's Choice  Pizza on a WG Crust Breadstick Fresh Pears Peas Pudding	6 Yogurt w/ Granola  Salisbury Steak Mashed Potatoes w/Gravy Green Beans 100% Whole Wheat Bread w/Butter Mixed Fruit WG Cookie	7 Breakfast Burito <i>Early Out</i>  Beef Burgers on a WG Bun w/Misc. Condiments Mixed Fresh Salad Watermelon WG Goldfish Crackers WG Cake	8 WG Pancake on a Stick  Chicken Gravy on WG Biscuits Raw Veggies w/dip ½ Fresh Orange Whole Grain Oatmeal Bars	9 Breakfast Pizza  Mr. Rib on WG Buns Baked Beans Raw Carrots w/dip Cook's Choice, extra vegetable Fresh Fruit
	12 ½ WG Bagel w/ Sausage & Egg  Fish Sandwich w/cheese Pretzels Cook's Choice of Fruit Fresh Coleslaw Brownies	13 WG Waffles w/ Fruit  Walking Tacos w/Tomatoes & Lettuce Pineapple Mexican Beans & Rice Green or Red Peppers Jello	14 WG Cinnamon Roll  Turkey Sandwich on WG Buns w/ Lettuce & Tomato Sun Chips Green Beans Grapes	15 Cook's Choice Christmas Dinner!  Ham Roast School Roll Mashed Potatoes & Gravy Applesauce Lettuce Salad Ice Cream Dessert	16 Ham Combo Bar  Cook's Choice
	19 Cherry Pastry  WG Spaghetti w/Meat Sauce Garlic Toast Carrot Sticks w/dip Pears Dessert Bar	20 Mustang Muffins  Chicken Patty on a WG Bun Potato Wedges Lettuce Salad Peaches Choco. Chip Cookie Dough	21 Cook's Choice <i>Early Out</i>  Cook's Choice	22  <i>No School</i>	23  <i>No School</i>
	26  <i>No School</i>	27  <i>No School</i>	28  <i>No School</i>	29  <i>No School</i>	30  <i>No School</i>