

# April 2013 Lunch Menu 7<sup>th</sup>-12<sup>th</sup>

## Independence Community School District

Breakfast: \$1.35  
Lunch: \$2.30  
Adults: \$3.00

Please check your account balance online:  
[www.independence.k12.ia.us](http://www.independence.k12.ia.us)  
Click on "School Lunch Program"

**USDA is an equal opportunity provider.**

**Menus subject to change as needed.**

	Monday	Tuesday	Wednesday	Thursday	Friday
*WG: Whole Grain	1 Cook's Choice	2 Chicken Patty on WG Bun Pretzels w/ Ranch Hummus Vegetable Medley Applesauce	3 <b>Early Out</b> Open-faced Turkey Sandwich w/Mashed Potatoes Fresh Grapes Carrots w/ Dip WG Cookie	4 Hot Ham & Cheese Sandwich Cucumber & Cherry Tomatoes w/ Dip Fresh Pears	5 Pizza w/WG Crust Breadstick Romaine Lettuce Salad Banana
	8 Chicken Nuggets Bread & Butter Cooked Carrots Pineapple	9 Sloppy Joes on WG Bun WG Sun Chips Fresh Broccoli w/ Dip Apple	10 Cook's Choice	11 Beef Walking Tacos Lettuce, Tomatoes & Cheese Mexican Rice & Beans Cantaloupe Cook's Choice Dessert	12 Pork Patty on WG Bun Red & Green Peppers w/ Dip Watermelon Pasta Salad
	15 Hot Dog on WG Bun Green Beans Apricots WG Cake	16 Creamed Chicken over WG Biscuit String Cheese Tangerines Raw Carrots w/dip	17 <b>Early Out</b> Shrimp Shapes Spinach Salad Watermelon Kettle Corn	18 Turkey/Cheese Wrap w/ Condiments Celery Sticks w/ Sun Butter Banana Sweet Potato Fries	19 Hamburger on WG Bun w/ Condiments WG Corn Chips w/ Black Bean & Corn Salsa Peaches
	22 Corn Dog Mac & Cheese Peas Diced Pears	23 Fish Nuggets Oranges Fresh Snap Peas WG Brownie	24 Cook's Choice	25 Spaghetti w/ Meat Sauce Breadstick Red & Green Peppers w/ Dip Fresh Pears	26 Potato Bar w/ Condiments School Roll Steamed Broccoli w/ Cheese Apple
	29 Breakfast Pizza Sausage Patty Hash Browns Fruit & Yogurt Parfait	30 Chicken Fajitas w/Tomatoes & Lettuce Mexican Rice & Beans Pineapple Oatmeal Cookie			