

# April 2013 Lunch Menu KD-2<sup>nd</sup>

## Independence Community School District

Breakfast: \$1.35  
Lunch: \$2.20  
Adults: \$3.00

Please check your account balance online:  
[www.independence.k12.ia.us](http://www.independence.k12.ia.us)  
Click on "School Lunch Program"

**USDA is an equal opportunity provider.**

**Menus subject to change as needed.**

	Monday	Tuesday	Wednesday	Thursday	Friday
*WG: Whole Grain	1 Cook's Choice  Cook's Choice	2 WG Waffles  Chicken Patty on WG Bun Pretzels w/ Ranch Hummus Vegetable Medley Applesauce	3 Cook's Choice <b>Early Out</b> Open-faced Turkey Sandwich w/Mashed Potatoes Fresh Grapes Carrots w/ Dip WG Cookie	4 Apple Pastry  Hot Ham & Cheese Sandwich Cucumber & Cherry Tomatoes w/ Dip Fresh Pears	5 Mustang Muffin  Pizza w/WG Crust Breadstick Romaine Lettuce Salad Banana
	8 WG Biscuit w/ Egg & Cheese  Chicken Nuggets Bread & Butter Cooked Carrots Pineapple	9 Cinnamon Roll  Sloppy Joes on WG Bun WG Sun Chips Fresh Broccoli w/ Dip Apple	10 Breakfast Pizza  Cook's Choice	11 WG Pancake  Beef Walking Tacos Lettuce, Tomatoes & Cheese Mexican Rice & Beans Cantaloupe	12 Egg & Cheese Omelet  Pork Patty on WG Bun Red & Green Peppers w/ Dip Watermelon Cook's Choice Dessert
	15 Breakfast Burrito  Hot Dog on WG Bun Green Beans Apricots WG Cake	16 Cherry Pastry  Creamed Chicken over WG Biscuit String Cheese Tangerines Raw Carrots w/dip	17 Cook's Choice <b>Early Out</b> Shrimp Shapes Spinach Salad Watermelon Kettle Corn	18 Ham Combo Bar  Turkey Sandwich on WG Bun w/ Condiments Banana Sweet Potato Fries	19 French Toast Sticks  Hamburger on WG Bun w/ Condiments WG Corn Chips w/ Black Bean & Corn Salsa Peaches
	22 Breakfast Pizza  Corn Dog Sun Chips Peas Diced Pears Baked Beans	23 Sausage Pancake on a Stick  Fish Nuggets Oranges Fresh Snap Peas WG Brownie	24 Mustang Muffin  Cook's Choice	25 WG Waffles  Spaghetti w/ Meat Sauce Breadstick Red & Green Peppers w/ Dip Fresh Pears	26 WG Biscuit w/ Egg & Cheese  Mac & Cheese School Roll Broccoli w/ Dip Apple
	29 Ham Combo Bar  Breakfast Pizza Sausage Patty Carrots w/ Dip Fruit & Yogurt Parfait	30 Cinnamon Roll  Chicken Fajitas w/Tomatoes & Lettuce Mexican Rice & Beans Pineapple			