## December 2013 Lunch Menu KD-2<sup>nd</sup> Independence Community School District

Breakfast: \$1.35 Lunch: \$2.20 Adults: \$3.25 Please check your account balance online: www.independence.k12.ia.us

Click on "School Lunch Program"

USDA is an equal opportunity provider.

Menus subject to change as needed.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinnamon Roll	3 ½ Bagel w/ Egg & Cheese	4 WG Pancakes	5 Egg & Cheese Omelet	6 French Toast Sticks
Chicken Nuggets WG Sun Chips Strawberries Cooked Carrots	Hamburger Helper Romaine Lettuce Salad Oranges WG School Roll	Salisbury Steak Mashed Potatoes w/Gravy 100% Whole Wheat Bread w/Butter Cantaloupe	Cook's Choice	Pizza WG Breadstick Mandarin Orange Corn Jello
9 Breakfast Burrito Fish Sandwich w/cheese	10 Apple Pastry  Chicken Gravy on WG Biscuits	11 Ham Combo Bar  Early Out  Beef Burgers on a WG Bun	12 WG Waffle  Grilled Cheese Sandwich w/	13 WG Biscuit w/ Egg &Cheese Breakfast Pizza
Pretzels Peaches Green Bean	Romaine Salad Pear Pasta Salad	w/Misc. Condiments Apples Coleslaw Whole Grain Oatmeal Bars	Tomato Soup Celery & Sun Butter Grapes	Sausage Patty Carrots w/ Dip Banana WG Coffee Cake
16 Cherry Pastry  Mr. Rib on WG Buns	17 Mustang Muffin Walking Tacos w/Tomatoes &	18 CinnaTastry Christmas Dinner!	19 Cook's Choice  Chicken Noodle Soup	20 Breakfast Pizza  Early Out  Cook's Choice
Sweet Potato Fries Mixed Fruit	Pineapple Mexican Beans & Rice Green & Red Peppers	Ham Roast School Roll Mashed Potatoes & Gravy Applesauce Ice Cream Dessert	Fresh Broccoli w/ Dip Apricots	COOK S CHOICE
23	24	25	26	27
No School	No School	No School Merry Christmas!	No School	No School
30	31			
No School	No School			
	2 Cinnamon Roll Chicken Nuggets WG Sun Chips Strawberries Cooked Carrots  9 Breakfast Burrito Fish Sandwich w/cheese Pretzels Peaches Green Bean  16 Cherry Pastry Mr. Rib on WG Buns Baked Beans Sweet Potato Fries Mixed Fruit  23  No School	2 Cinnamon Roll Chicken Nuggets WG Sun Chips Strawberries Cooked Carrots  Peaches Pretzels Peaches Green Bean  10 Apple Pastry Chicken Gravy on WG Biscuits Romaine Salad Pear Pasta Salad  Pear Pasta Salad  The Mustang Muffin  Walking Tacos w/Tomatoes & Lettuce Pineapple Mexican Beans & Rice Green & Red Peppers  No School  No School  3 ½ Bagel w/ Egg & Cheese Hamburger Helper Romaine Lettuce Salad Oranges WG School Roll  10 Apple Pastry  Chicken Gravy on WG Biscuits Romaine Salad Pear Pasta Salad  Pear Pasta Salad  17 Mustang Muffin  Walking Tacos w/Tomatoes & Lettuce Pineapple Mexican Beans & Rice Green & Red Peppers	2 Cinnamon Roll 3 ½ Bagel w/ Egg & Cheese 4 WG Pancakes  Hamburger Helper Romaine Lettuce Salad Oranges WG School Roll  10 Apple Pastry Fish Sandwich w/cheese Pretzels Peaches Green Bean  10 Apple Pastry Chicken Gravy on WG Biscuits Romaine Salad Pear Pasta Salad Pear Pasta Salad  16 Cherry Pastry  Mr. Rib on WG Buns Baked Beans Sweet Potato Fries Mixed Fruit  Walking Tacos w/Tomatoes & Lettuce Pineapple Mexican Beans & Rice Green & Red Peppers  No School  No School  Marry Christmas!  A WG Pancakes  Salisbury Steak Mashed Potatoes w/Gravy 100% Whole Wheat Bread w/Butter Cantaloupe  11 Ham Combo Bar Early Out Beef Burgers on a WG Bun w/Misc. Condiments Apples Coleslaw Whole Grain Oatmeal Bars  Christmas Dinner!  Ham Roast School Roll Mashed Potatoes & Gravy Applesauce Ice Cream Dessert  23  No School  Merry Christmas!	2 Cinnamon Roll Chicken Nuggets WG Sun Chips Strawberries Cooked Carrots  10 Apple Pastry Pearle Pear Pasta Salad Pear Pasta Salad Pear Pasta Salad Pear Potato Fries Mixed Fruit  11 Mustang Muffin Mr. Rib on WG Buns Baked Beans Sweet Potato Fries Mixed Fruit  23 No School  3 ½ Bagel w/ Egg & Cheese Hamburger Helper Romaine Lettuce Salad Oranges WG School Roll  3 ½ Bagel w/ Egg & Cheese Salisbury Steak Mashed Potatoes w/Gravy 100% Whole Wheat Bread W/Butter Cantaloupe  11 Ham Combo Bar Early Out Beef Burgers on a WG Bun w/Misc. Condiments Apples Coleslaw Whole Grain Oatmeal Bars  12 WG Waffle Grilled Cheese Sandwich w/ Tomato Soup Celery & Sun Butter Grapes  14 WG Pancakes Salisbury Steak Mashed Potatoes w/Gravy 100% Whole Wheat Bread w/Burger Early Out Beef Burgers on a WG Bun w/Misc. Condiments Apples Coleslaw Whole Grain Oatmeal Bars  16 Cherry Pastry  17 Mustang Muffin 18 CinnaTastry 19 Cook's Choice Christmas Dinner! Chicken Noodle Soup Goldfish Fresh Broccoli w/ Dip Apricots  18 Man Roast School Roll Mashed Potatoes & Gravy Applesauce Ice Cream Dessert  23 No School  No School  Merry Christmas!  30 31