

# December 2013 Lunch Menu KD-2<sup>nd</sup>

## Independence Community School District

Breakfast: \$1.35  
Lunch: \$2.20  
Adults: \$3.25

Please check your account balance online:  
[www.independence.k12.ia.us](http://www.independence.k12.ia.us)  
Click on "School Lunch Program"

**USDA is an equal  
opportunity provider.**

**Menus subject to  
change as needed.**

	Monday	Tuesday	Wednesday	Thursday	Friday
*WG: Whole Grain	2 Cinnamon Roll  Chicken Nuggets WG Sun Chips Strawberries Cooked Carrots	3 ½ Bagel w/ Egg & Cheese  Hamburger Helper Romaine Lettuce Salad Oranges WG School Roll	4 WG Pancakes  Salisbury Steak Mashed Potatoes w/Gravy 100% Whole Wheat Bread w/Butter Cantaloupe	5 Egg & Cheese Omelet <i>Cook's Choice</i>	6 French Toast Sticks  Pizza WG Breadstick Mandarin Orange Corn Jello
	9 Breakfast Burrito  Fish Sandwich w/cheese Pretzels Peaches Green Bean	10 Apple Pastry  Chicken Gravy on WG Biscuits Romaine Salad Pear Pasta Salad	11 Ham Combo Bar <i>Early Out</i> Beef Burgers on a WG Bun w/Misc. Condiments Apples Coleslaw Whole Grain Oatmeal Bars	12 WG Waffle  Grilled Cheese Sandwich w/ Tomato Soup Celery & Sun Butter Grapes	13 WG Biscuit w/ Egg & Cheese  Breakfast Pizza Sausage Patty Carrots w/ Dip Banana WG Coffee Cake
	16 Cherry Pastry  Mr. Rib on WG Buns Baked Beans Sweet Potato Fries Mixed Fruit	17 Mustang Muffin  Walking Tacos w/Tomatoes & Lettuce Pineapple Mexican Beans & Rice Green & Red Peppers	18 CinnaTastry  Christmas Dinner!  Ham Roast School Roll Mashed Potatoes & Gravy Applesauce Ice Cream Dessert	19 Cook's Choice  Chicken Noodle Soup Goldfish Fresh Broccoli w/ Dip Apricots	20 Breakfast Pizza <i>Early Out</i>  Cook's Choice
	23  <i>No School</i>	24  <i>No School</i>	25  <i>No School</i>  <i>Merry Christmas!</i>	26  <i>No School</i>	27  <i>No School</i>
	30  <i>No School</i>	31  <i>No School</i>			