

March 2012 Lunch Menu KD-2nd

Independence Community School District

Breakfast: \$1.25
Lunch: \$2.05
Adults: \$3.00

Please check your account balance online:
www.independence.k12.ia.us
Click on "School Lunch Program"

2012 is an equal
opportunity provider.

Menus subject to
change as needed.

	Monday	Tuesday	Wednesday	Thursday	Friday
*WG: Whole Grain				1 WG Cinnamon Roll French Toast Sticks Sausage Patty Carrots w/ Dip Cantaloupe Streusel Cake	2 Omelet w/ Cheese Lasagna Roll Ups Breadstick Mixed Lettuce Salad Apple
	5 Cook's Choice Hot Dogs on WG Bun Steamed Broccoli w/Cheese Mixed Fruit WG Cookie	6 ½ Bagel w/ Sausage Chicken Fajitas w/Tomatoes, Lettuce, & Cheese Mexican Beans & Rice Banana	7 CinnaTastry <i>Early Out</i> Turkey & Cheese Sandwich on WG Bread Cucumber Slices w/ Dip Oranges Pasta Salad	8 Breakfast Pizza Scalloped Potatoes w/Ham Bread & Butter Peppers w/ Dip Pears WG Bar	9 French Toast Sticks Fish Sandwich w/Cheese Sun Chips Fresh Coleslaw Pineapple
	12 Ham Combo Bar Chicken Nuggets Pretzels Apricots Green Beans	13 Cherry Pastry Cook's Choice	14 Mustang Muffin Ham Patty on WG Bun Cheese Slice Rice Applesauce Spinach Salad	15 WG Waffle w/ Fruit Sloppy Joes on WG Bun Sweet Potato Fries Watermelon WG Snicker Doodle	16 Cook's Choice Grilled Cheese Sandwiches Tomato Soup & Crackers Fresh Pears Vegetable Medley Applesauce Cake
	19 WG Pancake on a Stick Cook's Choice	20 Apple Pastry Cheeseburger Pasta Bread & Butter Celery Sticks Fresh Fruit	21 Biscuit w/ Egg & Cheese <i>Early Out</i> Chicken Patty on WG Bun w/ Lettuce & Tomato Black Bean & Corn Salsa w/ WG Corn Chips Peaches	22 WG Cinnamon Roll Turkey Mashed Potatoes Corn School Rolls Orange	23 Breakfast Burrito Cheese Pizza w/WG Crust Breadstick Peppers w/ Dip Strawberries w/Yogurt & Granola
	26 Breakfast Pizza Cook's Choice	27 Omelet w/ Cheese Chicken & WG Biscuit Broccoli & Cauliflower w/cheese Mandarin Oranges WG Carrot Cake	28 French Toast Sticks BBQ Pork on WG Buns Raw Carrots w/dip Banana Cook's Choice Dessert	29 Cook's Choice Salisbury Steak Mashed Potatoes School Roll Green Beans Peaches	30 Yogurt w/ Granola Cheesy Tuna & Noodles WG Bread & Butter Peas Mixed Fruit