

**May 2018 Lunch Menu 3<sup>rd</sup>- 6<sup>th</sup>**  
**Independence Community School District**

**Breakfast: \$1.60**  
**Adult BK- \$1.90**  
**Lunch: \$2.55**  
**Adults: \$3.55**

Please check your account balance online:  
[www.independence.k12.ia.us](http://www.independence.k12.ia.us)

Click on "School Lunch Program"

**USDA is an equal  
opportunity provider.**

**Menus subject to  
change as needed.**

	Monday	Tuesday	Wednesday	Thursday	Friday
*Average meal calorie count for *K-5 (550-650) *6-8 (600-700) *9-12 (750-850)		<b>1</b> WG French Toast Maple Sausage Links Triangle Hash brown Patty Celery Sticks Strawberry Cup Fresh Sliced Apples	<b>2</b> BBQ Rib Patty WG Hamburger Bun WG Baked Sun Chips Green Beans Fresh Cauliflower Diced Peaches	<b>3</b> Sloppy Joe WG Hamburger Bun Pickles Baked Tater Tots Baked Beans Fruit Cocktail Banana	<b>4</b> WG French Bread Pizza Marinara Sauce Fresh Sliced Cucumbers Sweet Corn Applesauce Cup WG Cookie Dough
<b>Milk Variety</b> Chocolate Fat Free Strawberry Fat Free White Fat Free White, 1% Milk offered at all meals (Extra Milk \$.40)	<b>7</b> Pulled Pork Patty WG Hamburger Bun Pickles, Onion Baked French Fries Baked Beans Orange Slices Diced Peaches	<b>8</b> WG Chicken Nuggets Mashed Potatoes Cheesy Broccoli Fresh Apple Slices Mixed Fruit WG Sugar Cookie	<b>9</b> Mustang Wrap WG Tortilla Wrap Deli Ham & Cheese Romaine Lettuce Salad Steamed Green Beans Diced Pears Strawberry Cup	<b>10</b> Cheese Burger WG Hamburger Bun Pickles, Onion Grape Tomatoes Sweet Corn Pineapple Tidbits	<b>11</b> WG Pizza Dippers Marinara Sauce Mini Carrots Peas Fresh Grapes Applesauce Cup
	<b>14</b> WG Breaded Chicken Patty WG Hamburger Bun Baked Potato Wedges Green Beans Applesauce Cup Sliced Oranges	<b>15</b> Mexican Straw Hat Taco Meat, Corn Chips, Salsa, Lettuce, Cheese Refried Beans Strawberry Cup WG Cinnamon Roll, Frosted	<b>16</b> WG School made Cheese Pizza Romaine Lettuce Salad Mixed Veggies Diced Peaches Fresh Cantaloupe, diced WG Gold Fish Crackers	<b>17</b> WG Popcorn Chicken WG Mac & Cheese Steamed Peas Fresh Broccoli & Dip Mixed Fruit	<b>18</b> <b>Field Day/ Sack Lunch</b> Grilled Hot Dogs WG Hot Dog Bun Mini Carrots Sliced Apples Baked Chips WG Rice Krispy Treat
	<b>21</b> Chicken & Gravy over WG Biscuit Seasoned Peas Mini Carrots Applesauce Cup Fresh Pineapple	<b>22</b> WG Breaded Pork Patty WG Hamburger Bun Pickles, Sliced Onions Grape Tomatoes Green Beans Diced Watermelon Fruit Smoothie	<b>23</b> Chicken Tender Wrap WG Tortilla Wrap Lettuce, Cheese Steamed Green Beans Cauliflower, fresh Strawberry Cup WG Sun Chips	<b>24</b> WG Mac & Cheese WG Garlic Bread Stick Cheese Stick Romaine Lettuce Salad Sweet Corn Mandarin Oranges	<b>25</b> WG Pizza Dippers Marinara Sauce Broccoli & Cheese Banana Diced Peaches WG Chocolate Chip Cookie
	<b>28</b> <b>No School- Holiday</b>	<b>29</b> Turkey and Cheese Sandwich WG Hamburger Bun Baked Wedges Pickles Broccoli & Cheese Diced Pineapple	<b>30</b> Sloppy Joe WG Hamburger Bun Baked Beans Celery Sticks Diced Peaches Banana	<b>31</b> WG Chicken Nuggets Baked French Fries Mini Carrots Green Beans Orange Slices Applesauce Cup	<b>June 1</b> <b>Last Day School ☺</b> WG Pizza Dippers Marinara Cups Assorted Veggies Assorted Fruit WG Cookie <b>(1:00 Early Out)</b>