

Monday

WG Mini Donuts **3**
 Fruit
 100% Fruit Juice
 Milk Variety

WG Mini Donuts **10**
 Fruit
 100% Fruit Juice
 Milk Variety

17
 NO SCHOOL

WG Mini Donuts **24**
 Fruit
 100% Fruit Juice
 Milk Variety

WG Mini Donuts **31**
 Fruit
 100% Fruit Juice
 Milk Variety

Tuesday

WG Fruit Strudel **4**
 Fruit
 100% Fruit Juice
 Milk Variety

WG Fruit Strudel **11**
 Fruit
 100% Fruit Juice
 Milk Variety

WG Fruit Strudel **18**
 Fruit
 100% Fruit Juice
 Milk Variety

WG Fruit Strudel **25**
 Fruit
 100% Fruit Juice
 Milk Variety

Wednesday

WG French Toast Sticks **5**
 Fruit
 100% Fruit Juice
 Milk Variety

WG Pancakes **12**
 Fruit
 100% Fruit Juice
 Milk Variety

WG Egg & Cheese Biscuit **19**
 Fruit
 100% Fruit Juice
 Milk Variety

WG French Toast Sticks **26**
 Fruit
 100% Fruit Juice
 Milk Variety

Thursday

6
 Vegetable, Ham & Cheese
 Omelet
 Fruit
 100% Fruit Juice
 Milk Variety

WG Mini Strawberry Cream **13**
 Cheese Bagel
 Fruit
 100% Fruit Juice
 Milk Variety

WG Blueberry Bagel **20**
 w/Cream Cheese
 Fruit
 100% Fruit Juice
 Milk Variety

WG Mini Cinni **27**
 Fruit
 100% Fruit Juice
 Milk Variety

Friday

WG Frosted Long Johns **7**
 100% Fruit Juice
 Fruit
 Milk Variety
 (2 Hour Early Out)

14
 NO SCHOOL

WG Frosted Long Johns **21**
 100% Fruit Juice
 Fruit
 Milk Variety
 (2 Hour Early Out)

WG Frosted Long Johns **28**
 100% Fruit Juice
 Fruit
 Milk Variety
 (2 Hour Early Out)

Milk Variety
 Chocolate Fat Free
 White Fat Free
 White 1%
 Milk offered at all meals
 (Extra Milk \$.40)

Average meal calorie count
 Lunch
 *K-5 (550-650)
 *6-8 (600-700)
 *9-12 (750-850)

Breakfast \$1.90
 Adult BK \$2.40
 Lunch \$2.95
 Adults \$4.25

Please check your account balance online:
www.indeek12.org
 click on "School Lunch Program"

MY SCHOOL BUCKS **PAY FOR MEALS ONLINE**
MySchoolBucks.com