

**Monday**

**2**  
**Winter Break**

**9**  
WG Mini Ravioli w/Sauce  
Romaine Lettuce  
Celery  
Orange Slices  
Spiced Apples  
Garlic Toast  
Milk

**16**  
**NO SCHOOL**  
Martin Luther King Day

**23**  
Sloppy Joe  
WG Hamburger Bun  
Black Bean & Corn Salsa  
Fresh Broccoli  
Peaches  
Fruit Smoothie  
Tostito Chps  
Milk

**30**  
Ham & Cheese  
WG Hamburger Bun  
Baked Beans  
Peaches  
Sliced Apples  
Milk

**Tuesday**

**3**  
**No School**

**10**  
Grilled Cheese Sandwich  
Mini Carrots  
Green Beans  
Applesauce Cup  
Grapes  
Milk

**17**  
WG Breaded Pork Patty  
WG Hamburger Bun  
French Fries  
Fresh Cauliflower  
Mandarin Oranges  
Blue Rasp/Cherry Juice Cup  
Milk

**24**  
BBQ Pork Patty  
WG Hamburger Bun  
Green Beans  
Sweet Potato Fries  
Pineapple Tidbits  
Banana  
Milk

**31**  
WG Spaghetti w/Meat Sauce  
Steamed Carrots  
Celery  
Grapes  
Pineapple Tidbits  
Garlic Toast  
Milk

**Wednesday**

**4**  
WG French Toast Sticks  
Sausage Links  
Hash Brown  
Mini Carrots  
Banana  
Mixed Fruit  
Milk

**11**  
WG Shrimp Poppers  
WG Mac & Cheese  
Fresh Broccoli  
Pineapple Tidbits  
Sliced Apples  
Milk

**18**  
WG Breaded Mozzarella  
Sticks W/Dipping Sauce  
Fresh Cauliflower  
Peaches  
Baked Apples  
Milk

**25**  
WG Corn Dogs  
Honey Glazed Carrots  
Homemade Cole Slaw  
Cucumbers  
Orange Slices  
Mixed Fruit  
Milk

**Thursday**

**5**  
WG Chicken Drumstick  
Mashed Potatoes w/butter  
Peas  
Orange Slices  
Peaches  
Cookie  
Milk

**12**  
Walking Taco  
Taco Meat Lettuce Cheese  
Cheesy Refried Beans  
Chuckwagon Corn  
Strawberry Cups  
WG Cinnamon Roll  
Milk

**19**  
Hot Dog w/WG Bun  
Baked Beans  
Fresh Broccoli  
Mini Carrots  
Fresh Cantaloupe  
Homemade School Brownie  
Milk

**26**  
WG Fajita Chicken Wrap  
Romaine Lettuce  
Seasoned Rice  
Cherry Tomatoes  
Sliced Cucumbers  
WG Cinnamon Roll  
Milk

**Friday**

**6**  
WG French Bread Pizza  
Romaine Lettuce  
Green Beans  
Homemade Cole Slaw  
Tropical Fruit Cup  
Milk  
**(2 hour early out)**

**13**  
Pizza Cruncher  
Marinated Veggie Salad  
Fruit Smoothie  
Mixed Fruit  
Milk  
**(2 Hour Early Out)**

**20**  
WG Beef Taco Stick  
Romaine Lettuce  
Corn  
Tropical Fruit Cup  
Watermelon  
Milk  
**(2 hour early out)**

**27**  
WG Cheese Pizza  
Romaine Lettuce  
Fresh Broccoli  
Grapes  
Mango  
Milk  
**(2 hour early out)**

**Milk Variety**  
Chocolate Fat Free  
White Fat Free  
White 1%  
Milk offered at all meals  
(Extra Milk \$.40)

**Average meal calorie count**  
Lunch  
\*K-5 (550-650)  
\*6-8 (600-700)  
\*9-12(750-850)

Breakfast \$1.85  
Adult BK \$2.40  
Lunch \$2.85  
Adults \$4.25

Please check your account balance online:  
[www.indeek12.org](http://www.indeek12.org)  
click on "School Lunch Program"

