

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**2**  
**Winter Break**

**3**  
**No School**

**4**  
WG Mini Donuts  
Fruit  
100% Fruit Juice  
Milk Variety

**5**  
Vegetable, Ham & Cheese Omelet  
Fruit  
100% Fruit Juice  
Milk Variety

**6**  
WG Frosted Long Johns  
100% Fruit Juice  
Fruit  
Milk Variety  
(2 Hour Early Out)

**9**  
WG Mini Donuts  
Fruit  
100% Fruit Juice  
Milk Variety

**10**  
Cinni Toast Crunch Bar  
Fruit  
100% Fruit Juice  
Milk Variety

**11**  
WG Egg & Cheese Biscuit  
Fruit  
100% Fruit Juice  
Milk Variety

**12**  
WG Mini Strawberry  
Bagel w/Cream Cheese  
Fruit  
100% Fruit Juice  
Milk Variety

**13**  
WG Frosted Long Johns  
100% Fruit Juice  
Fruit  
Milk Variety  
(2 Hour Early Out)

**16**  
**NO SCHOOL**  
Martin Luther King Day

**17**  
WG Fruit Strudel  
Fruit  
100% Fruit Juice  
Milk Variety

**18**  
WG Blueberry Bagel  
w/Cream Cheese  
Fruit  
100% Fruit Juice  
Milk Variety

**19**  
WG Mini Cinni  
Fruit  
100% Fruit Juice  
Milk Variety

**20**  
WG Frosted Long Johns  
100% Fruit Juice  
Fruit  
Milk Variety  
(2 Hour Early Out)

**23**  
WG Mini Donuts  
Fruit  
100% Fruit Juice  
Milk Variety

**24**  
Cinni Toast Crunch Bar  
Fruit  
100% Fruit Juice  
Milk Variety

**25**  
WG French Toast Sticks  
Fruit  
100% Fruit Juice  
Milk Variety

**26**  
WG Egg & Cheese Buritto  
Fruit  
100% Fruit Juice  
Milk Variety

**27**  
WG Frosted Long Johns  
100% Fruit Juice  
Fruit  
Milk Variety  
(2 Hour Early Out)

**30**  
WG Mini Donuts  
Fruit  
100% Fruit Juice  
Milk Variety

**31**  
WG Fruit Strudel  
Fruit  
100% Fruit Juice  
Milk Variety



**Milk Variety**  
Chocolate Fat Free  
White Fat Free  
White 1%  
Milk offered at all meals  
(Extra Milk \$.40)

**Average meal calorie count**  
Lunch  
\*K-5 (550-650)  
\*6-8 (600-700)  
\*9-12(750-850)

Breakfast \$1.90  
Adult BK \$2.40  
Lunch \$2.95  
Adults \$4.25

Please check your account balance online:  
[www.indeek12.org](http://www.indeek12.org)  
click on "School Lunch Program"