



FEBRUARY 2024

Independence West Elementary

Institution is an equal opportunity provider.
Menus subject to change as needed.

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Drumstick
Mashed Potatoes w/Gravy
Corn
Kiwi
Strawberry Cups
Homemade Dinner Roll
Milk

5

Chicken Alfredo
Steamed Carrots
Peas
Sliced Cucumbers
Mandarin Oranges
Garlic Knot
Milk

6

WG BBQ Pork Patty
WG Hamburger Bun
French Fries
Carrots
Sliced Oranges
Strawberry Froot Jooce
Milk

7

WG Walking Taco
Taco Meat Lettuce Cheese
Cheesy Refried Beans
Chuckwagon Corn
Applesauce Cups
Cherry Tomatoes
WG Apple Churro
Milk

1

WG Crispito
Green Beans
Marinated Veggie Salad
Tropical Fruit Cup
Milk
(2 hour early out)

2

Beef & Cheese Sauce Nachos
w/Frito Chips
(lettuce, tomato)
Cheesy Refried Beans
Corn
Grapes
Strawberry Gel
Milk

8

WG Pizza Crunchers
Romaine Lettuce
Fresh Broccoli
Sliced Red Peppers
Watermelon
Milk
(2 hour early out)

9

Scalloped Potatoes & Ham
Homemade Dinner Roll
Peas
Celery
Fresh Pineapple
Mixed Fruit
Milk

12

WG Baked Ziti
Mixed Veggies
Sliced Cucumbers
Strawberry Cups
WG Garlic Knot
Milk

13

WG Shrimp Poppers
Mac & Cheese
Romaine Lettuce
Kiwi
Peaches
Be Mine Sidekick
WG Valentine Cookie
Milk

14

WG Fajita Chicken Wrap
(Lettuce, Cheese, & Salsa)
Seasoned Rice
Corn
Cherry Tomatoes
Sliced Cucumbers
Milk

15

WG Pizza Dippers
Steamed Carrots
Baked Beans
Sliced Red Peppers
Fruit Smoothie
Presidents Day Cookie
Milk

16

NO SCHOOL
Presidents Day

19

WG Corn Dogs
Cauliflower
Green Beans
Cucumbers
Cantaloupe
Milk

20

Meatball Sub
WG Hoagie Bun
French Fries
Peas
Strawberry Cups
Peaches
Milk

21

Homemade Chili
String Cheese
Mini Carrots
Grapes
Applesauce Cups
WG Cinnamon Roll
Milk

22

WG Cheese Pizza
Corn
Broccoli
Kiwi
Orange Slices
Milk
(2 hour early out)

23

WG Chicken Tenders
Mashed Potatoes & Gravy
Peas
Mini Carrots
Mixed Fruit
Apple Slices
Milk

26

WG Spaghetti w/Meat Sauce
Green Beans
Celery
Orange Slices
Pineapple Tidbits
Garlic Toast
Milk

27

Mustang Sub
(Ham, Salami, Pepperoni & Cheese)
WG Hoagie Bun
Baked Beans
Grapes
Watermelon
School Made Brownies
Milk

28

WG Breaded Pork Patty
WG Hamburger Bun
French Fries
Carrots
Banana
Strawberry Froot Jooce
Milk

29



Milk Variety **Average meal calorie count**
Choc Fat Free Lunch
White Fat Free *K-5 (550-650)
White 1% *6-8 (600-700)
Extra Milk \$0.40 *9-12(750-850)
Milk offered at all meals

Breakfast \$1.95
Adult BK \$2.75
Lunch \$2.90
Adults \$4.85

Check your balance online:
www.indeek12.org
Click on "School Lunch Program"



PAY FOR MEALS ONLINE
MySchoolBucks.com