

MARCH 2024

Independence Jr/Sr High

Institution is an equal opportunity provider. Menus subject to change as needed. **National Nutrition Month** March 4-8 National School Breakfast Week YOU MUST HAVE MONEY IN YOUR ACCT TO PURCHASE ALA-CARTE ITEMS.





White Fat Free *K-5 (550-650) White 1% *6-8 (600-700) Extra Milk \$0.40 *9-12(750-850) Milk offered at all meals

Lunch

Choc Fat Free

Average meal calorie count Breakfast \$2.00 Adult BK \$2.75 Lunch \$3.00 Adults \$4.85

Milk Check your balance online: www.indeek12.org

Click on "School Lunch Program"