

MAY 2024

Independence West Elementary

Institution is an equal opportunity provider.
 Menus subject to change as needed.
 School Lunch Hero Day May 3
 Field Day May 10, 2024
 Senior Last Day May 15
 Last day of School May 31

Monday



6
 Hot Ham & Cheese
 WG Hamburger Bun
 Roasted Potato Medley
 Corn
 Sliced Red Peppers
 Blueberries
 Milk

13
 Chicken Drumstick
 Potato Cheese Bake
 Mixed Vegetables
 Sliced Red Peppers
 Kiwi
 Homemade School Rolls
 Milk

20
 Chicken Patty
 WG Hamburger Bun
 Mashed Potatoes w/Gravy
 Corn
 Pineapple Tidbits
 Sliced Red Peppers
 Milk

27
No School

Tuesday



7
 WG Pizza Dippers
 Baked Beans
 Fresh Carrots
 Yogurt Strawberry Danimal
 Pineapple
 Homemade Cookie
 Milk

14
 Lasagna Cheese Rollup
 w/Marina Sauce
 Corn
 Romaine Lettuce
 Sliced Cucumbers
 Fresh Peas
 Garlic Knot/Bread
 Milk

21
 Pulled Pork
 WG Hamburger Bun
 French Fries
 Baked Beans
 Peaches
 Baked Apples
 Milk

28
 WG Corn Dogs
 Baked Beans
 Celery
 Grapes
 Applesauce Cups
 Milk

Wednesday

1
 Mustang Sub
 WG Hoagie Bun
 Baked Beans
 Mandarin Oranges
 Baked Apples
 Homemade Zucchini Bread
 Milk

8
 WG French Toast Sticks
 Sausage Patty
 Hash Brown
 Mini Carrots
 Peaches
 Strawberries
 Milk

15
 Chicken & Noodles
 Peas
 Watermelon
 Apple Slices
 WG Cookie Dough
 Milk

22
 WG Shrimp Poppers
 WG Mac & Cheese
 Fresh Broccoli
 Watermelon
 Kiwi
 Milk

29
 WG Breaded Pork Patty
 WG Hamburger Bun
 French Fries
 Baked Beans
 Mandarin Oranges
 Assorted Sidekicks
 Milk

Thursday

2
 WG Walking Taco
 Taco Meat Lettuce Cheese Sour Cream
 Seasoned Rice
 Chuckwagon Corn
 Applesauce Cups
 Cherry Tomatoes
 WG Churro
 Milk

9
 Chicken Alfredo
 Steamed Carrots
 Peas
 Sliced Cucumbers
 Mandarin Oranges
 WG Garlic Bread
 Milk

16
 Cheddarwurst
 WG Hot Dog Bun
 Baked Beans
 Fresh Cauliflower
 Banana
 Fruit Smoothie
 Milk

23
 WG Walking Taco
 Taco Meat Lettuce Cheese Sour Cream
 Seasoned Rice
 Chuckwagon Corn
 Applesauce Cups
 Cherry Tomatoes
 WG Cinnamon Roll
 Milk

30
 WG Chicken Tenders
 Peas
 Carrots
 Sliced Red Peppers
 Peaches
 Milk

Friday

WG Cheese Bites
 Celery
 Mixed Veggies
 Banana
 Mandarin Oranges
 English & Spanish Cookies(Dick & Jane
 Milk
(2 hour early out)

10
 Hot Dog
 WG Hot Dog Bun
 Carrot Sticks
 Apple
 Chips
 Fun & Fitness Cookies
 Milk
(2 Hour Early Out)

17
 WG Mini Deep-Dish Pizza
 Romaine Lettuce
 Fresh Broccoli
 Sliced Red Peppers
 Assorted Sidekicks
 Milk
(2 hour early out)

24
 WG Pizza
 Green Beans
 Mini Carrots
 Apple Slices
 Milk
(2 hour early out)

31
 WG Pizza
 Assorted Veggies
 Assorted Fruit
 Assorted Deserts
 Milk
**LAST DAY OF SCHOOL
 (1 hour early out)**

Milk Variety Average meal calorie count
 Choc Fat Free Lunch
 White Fat Free *K-5 (550-650)
 White 1% *6-8 (600-700)
 Extra Milk \$0.40 *9-12(750-850)
 Milk offered at all meals

Breakfast \$1.95
 Adult BK \$2.75
 Lunch \$2.90
 Adults \$4.85

Check your balance online:
www.indeek12.org
 Click on "School Lunch Program"